

# MYSTIFY



Anti-Aging | Memory Enhancing | Strengthen Immunity



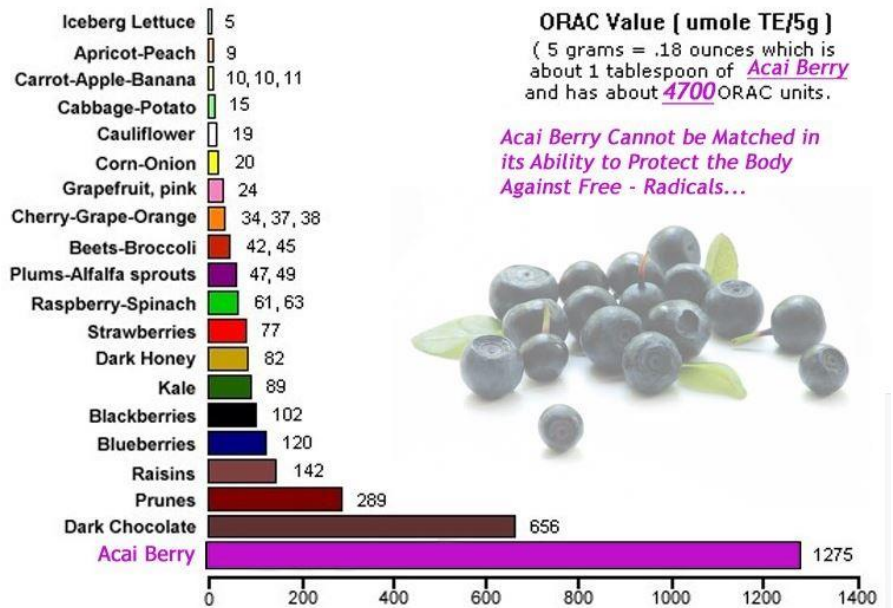
## What makes Mistify so Potent....?

The main ingredient in **Mistify** is a “super berry” called **Açai**, which grows wild in the Amazon. It ensures **Mistify** has one of the highest antioxidant values in the world.

“Just 30ml of **Mistify** gives the Antioxidant power of 3.5kg Organic Fruit!”

### What is Free Radical Damage & Benefits of Antioxidants?

Mistify is a unique combination of antioxidants, anthocyanins, and essential fatty acids. Including a daily serving of Mistify in your nutritional regime helps enhance vitality while supporting a healthy immune and cardiovascular system. Oxidative stress is proven to be a major contributor to most disease processes in the body because it intensifies acidosis and free radical activities. This is also the main accelerator of an ageing process. Mistify’s unique blend of antioxidants, essential fatty acids and anthocyanins suppresses the free radicals growth, repairs damage and fights acidosis better than any fruit blend supplement on the market.



# MYSTIFY



**Anti-Aging • Memory Enhancing • Strengthen Immunity  
Increased Energy • Improved Skin • Joint Pain Relief  
Decrease in inflammation associated with arthritis & joint pain  
Prevent Infections**

## Systems of the Body and Antioxidant Benefits

**Brain & Nervous System**

- Blueberries & Red Raspberries are memory enhancing.
- Grape Skin helps protect the nerves of the peripheral nervous system.
- Goji Berries improve mental acuity, calmness and quality of sleep.
- Grape Seed & Grape Skin, Mangosteen, Apples and Green Tea contain nutrients which can cross the brain blood barrier.

**Cardiovascular System**

- All ingredients provide cardiovascular benefits.
- Goji Berries, Mangosteen, Green Tea extract and Grape skin lower cholesterol and triglyceride levels.
- Goji Berries, Mangosteen and Concord Grape extract decrease high blood pressure.
- Concord Grape extract, Red Grapes, Grape Skin and Red Raspberries, offer other benefits such as reduced platelet dumping, improved elasticity of arteries and improved circulation.

**Digestive & Intestinal Systems**

- Goji Berries assist with liver protection.
- Mangosteen has anti-ulcer properties.
- Apple extract promotes the growth of friendly flora.
- Mangosteen & Green Tea extract help with general digestive disorders.
- Mangosteen is an anti-diarrhetic.

**Structural System**

- All ingredients prevent & help repair DNA damage.
- Goji Berries help prevent gum disease.
- Goji Berries strengthens muscles and bones.
- Mangosteen decreases inflammation and helps with arthritis and joint pain.

**Skin**

- All ingredients have anti-ageing properties.
- Mangosteen & Goji Berries are used to aid many skin disorders including eczema and psoriasis. Goji Berries & Grape Skin extract increase wound healing.

**Urinary System**

- Concord Grape, Blueberry & Mangosteen keep the urinary tract healthy.
- Goji Berries and Green Tea extract aid in kidney function.

**Other Benefits**

- Mangosteen & Grapes inhibit histamine release and are therefore good for allergies including asthma.
- All ingredients reduce inflammation & increase energy levels.
- Goji Berries, Blueberries, Red Raspberries and Grape Skin improve eyesight and vision.
- All ingredients promote longevity and have anti-ageing properties.

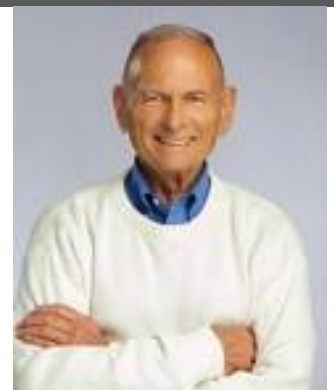
**Immune System**

- Goji Berries, Mangosteen, Red Raspberries, Green Tea extract and Grape Skin help prevent abnormal cell growth.
- Mangosteen is anti-viral, anti-fungal, anti-bacterial and anti-parasitic. Goji Berries and Mangosteen prevent infections.

## MISTIFY STUDY

“**MISTIFY** is the first and only example of a food supplement that I have found to have a significant impact on cellular membrane integrity”.

The OxiScore Test: A recent study looked at the effect of **MISTIFY** consumption in general populous subjects that included smokers, diabetics and obese individuals. The test subjects drank two daily servings of **MISTIFY** for three weeks and then were measured using the OxiScore test which determines free radical activity. The results were impressive. **Approximately 80% of all subjects showed a decrease in free radical activity and the group overall experienced a 43% reduction in free radical damage.**



**Dr Norman Shealy M.D**

“Whether it’s heart disease, Alzheimers, cancer or arthritis – all of these are associated with free radical damage. Stress reduction helps reduce free radicals, but the BEST that we can find is actually found in good foods like the Acai and its relatives”

Oxidative stress is proven to be a major contributor to most disease processes in the body because it intensifies acidosis and free radical activities. This is also the main accelerator of the ageing process. **MISTIFY’S** unique blend of antioxidants, essential fatty acids and anthocyanins suppresses the free radicals growth, repairs damage and fights acidosis better than any fruit blend supplement on the market.